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# Lucky Man: A Memoir



## Synopsis

A funny, highly personal, gorgeously written account of what it's like to be a 30-year-old man who is told he has an 80-year-old's disease. "Life is great. Sometimes, though, you just have to put up with a little more crap." --Michael J. Fox

In September 1998, Michael J. Fox stunned the world by announcing he had been diagnosed with Parkinson's disease--a degenerative neurological condition. In fact, he had been secretly fighting it for seven years. The worldwide response was staggering. Fortunately, he had accepted the diagnosis and by the time the public started grieving for him, he had stopped grieving for himself. Now, with the same passion, humor, and energy that Fox has invested in his dozens of performances over the last 18 years, he tells the story of his life, his career, and his campaign to find a cure for Parkinson's. Combining his trademark ironic sensibility and keen sense of the absurd, he recounts his life--from his childhood in a small town in western Canada to his meteoric rise in film and television which made him a worldwide celebrity. Most importantly however, he writes of the last 10 years, during which--with the unswerving support of his wife, family, and friends--he has dealt with his illness. He talks about what Parkinson's has given him: the chance to appreciate a wonderful life and career, and the opportunity to help search for a cure and spread public awareness of the disease. He is a very lucky man, indeed.

The Michael J. Fox Foundation  
Michael J. Fox is donating the profits from his book to the Michael J. Fox Foundation for Parkinson's Research, which is dedicated to fast-forwarding the cure for Parkinson's disease. The Foundation will move aggressively to identify the most promising research and raise the funds to assure that a cure is found for the millions of people living with this disorder. The Foundation's web site, [MichaelJFox.org](http://MichaelJFox.org), carries the latest pertinent information about Parkinson's disease, including:

- A detailed description of Parkinson's disease
- How you can help find the cure
- Public Services Announcements that are aired on network and cable television stations across the country to increase awareness
- Upcoming related Parkinson's disease events and meetings
- Updates on recent research and developments

## Book Information

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## Customer Reviews

Michael J. Fox has always been known as a nice guy. So what has he been DOING in Hollywood? In Hollywood nice guys often finish last. But in Fox's case, he beat the odds. It's no secret that some of the Powers That Be weren't entirely enamored when, as a young Canadian "unknown," he was cast in the role as Alex, in NBC's hit t.v. comedy Family Ties. But when the show debuted he proved that he had that certain "something" -- that rare talent to link up with an audience. Call it "charisma," or likeability but it, plus his considerable acting talents, drove the ratings -- and his show biz career -- sky-high. Now Fox has written one of the most genuinely honest, touching and moving show biz bios ever, Lucky Man. But it is MORE than a show biz bio, because it deals with how his life was impacted by Parkinson's disease, how he coped with it, accepted it and how he wants to help others. Lucky Man should be titled Lucky Us, because anyone who reads it can't help walking away from it a mite richer, inspired, and more appreciative of the fact that the upsides and downsides of life sometimes coincide...but, overall, it can be a joyous ride. Fox did NOT have this ghost written and it certainly reads like an autobiography written by an actor known for his great sense of irony and sense of humor.

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